## **June Group Fitness**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
What's NEW? Boot Camp: a strength and cardio mix class dedicated to helping you sculpt lean muscle mass, incorporating HIIT training. WATCH FOR AM BOOT CAMP - COMING JULY!!!						1
2 Drumming & Core 6:30pm Max. 24	3	4	5 ZUMBA 6:15pm **FREE** Boot Camp 7-7:30	6	7	8
9 NO CLASSES	10	11 ZUMBA 6:15pm	12 Drumming 6:30pm	13	14	15
16 FATHER'S DAY **FREE** Couple's Drumming 6:30pm	17	18 ZUMBA 6:15pm	19 Boot Camp 6:30pm	20	21	22 Park Workout 8:30am Weather Permitting
6/23 Park Workout & Drumming 6:30pm 6/30 Drumming in the Park Otsego 6:30pm	24	25 ZUMBA 6:15pm	26 Drumming 6:30pm	27	28	29

## **REGISTRATION IS DUE 24 HOURS IN ADVANCE & CANCELATIONS BY 2PM SAME DAY**

## <u>We reserve the right to CANCEL all classes not meeting at least 6 participants.</u> Classes not meeting the minimum will be canceled by 2:00pm. Contact us if you have any questions!

**Registration Reminders:** Just a friendly reminder that some classes fill up immediately and a waiting list is created. If at any point you cannot make a class, please try to **cancel by NOON the day of**. You are always welcome to call or text us. If you do not cancel, and do not show, you are subject to be charged for the class.